

# My Plan for Spiritual Growth *in* 2010 through Discipleship and Service

Dear Friend,

In 1 Timothy 6:18-19, Paul instructs Christ's followers "...to do good, to be rich in good works, generous, and ready to share, thus storing up for themselves the treasure of a good foundation for the future, so that they might take hold of the life that really is life." Each fall, we invite our congregants to consider what actions they'll take in the coming year to *grow* spiritually; to move ever closer toward that real life Paul describes. The document you hold is a tool that can help you formulate a plan for your personal spiritual growth and your future in Christ. It has three components:

The *Discipleship*, or *Connect and Grow*, component will invite you to:

- † participate regularly in a Sunday School class, HomeGroup and/or other small group
- † attend a class or event sponsored by one of the Adult Discipleship ministries

The *Service*, or *Serve and Grow*, component will invite you to:

- † identify those ministries in which you now serve, and will continue to serve
- † discover new ways to serve

The *Give and Grow* component (found on a separate *Give and Grow* card) will invite you to:

- † make a financial commitment in support of the ministry of the church

Please take some time in the next week or two to prayerfully consider both the *Spiritual Growth Plan* and the *Give and Grow* card. For additional details on the church's many discipleship and service opportunities, refer to the *Serve and Grow* Ministry Guide found on our website at [www.cumcsl.org/grow](http://www.cumcsl.org/grow). See the back of the *Give and Grow* card for more information about our church's financial philosophy.

I hope that this process will help you to do as Timothy instructs – to "*take hold of the life that really is life.*" Take a step toward that real life and turn in both your 2010 *Spiritual Growth Plan* and *Give and Grow* card during worship services on **Sunday, December 6<sup>th</sup>**.

Bless you, *Morris Matthis*



*1 Timothy 6:18-19*

# My Plan *for* Spiritual Growth *in* 2010 *through* Discipleship

Name: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

## In order to *connect and grow* during 2010:

**I will participate in a Sunday School class, HomeGroup or other small group.**

- The name of the class/group with which I'll connect is: \_\_\_\_\_
- Please contact me and help me find a small group

**I will also attend a class or event sponsored by these Adult Discipleship Ministries.**

*(Check your interests to receive notices about 2010 classes and events within these areas, and visit the website at [www.cumesf.org](http://www.cumesf.org) for more information).*

- Adult Discipleship courses – Bible-based, short and long term in nature, including but not limited to:

Alpha  
DISCIPLE Bible Study  
Financial Peace University

- Christ Church Conversations – topical lectures that occur throughout the year.
- Family Ministry - supports parents in training up their children in the way they should go; sponsors events like Live Nativity, Easter Egg Hunt, parenting Bible studies and seminars.
- Marriage Ministry - provides opportunities like date nights, studies, retreats and workshops that will to foster healthy marriages with a God-centered foundation.
- Men's Ministry - provides opportunities for men to fellowship with Christ and one another through studies, retreats, special events and programs that help bring men closer to Christ.
- Older Adults Ministry (50 years+) - addresses a senior's Spirituality, Enrichment, Nutrition and Fitness, Intergenerational, Outreach, Recreation, and Service interests and needs.
- Recreation Ministry - provides recreational programs for adults, a variety of on-going health and fitness classes as well as various social activities during the year.
- Singles Ministry – in the process of building a team to support this ministry.
- Walk to Emmaus - a 3-day experience of New Testament Christianity as a lifestyle.
- Women's Ministry - seeks to bring women closer in their relationship with Christ and with one another through weekly Bible studies, retreats, special events and programs.
- Young Adult Ministry - in the process of building a team to support this ministry.

# My Plan *for* Spiritual Growth *in* 2010 *through* Service

Name: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

**By checking the boxes below, I commit to *serve and grow* during 2010 by continuing my involvement with or becoming involved in the following ministries:**  
*(refer to the *Serve and Grow* Ministry Guide at [www.cumcsf.org/grow](http://www.cumcsf.org/grow) for more on these service opportunities)*

## **Adult Discipleship**

- Alpha Support Team
- Emmaus Retreat Team
- Family Ministry Team
- HomeGroup HOST
- HomeGroup Ministry Team
- Long-term Study Leader
- Short-term Study Leader
- Library Assistant
- Marriage Enrichment Team
- Men's Ministry Team
- Piecemakers
- Singles' Ministry Team
- Sunday School Class Leader
- Sunday School Roving Teacher
- Women's Ministry Team
- United Methodist Women
- Young Adult Ministry Team

## **Audio Visual**

- New Member Photography
- Photography
- Sound Team
- the hub* Audio Visual Team
- Videography

## **Children's 2010-2011**

- 9:45 SS Teacher  
18 months to Kindergarten
- 9:45 Rotation Workshop  
Teacher – 1st & 2nd Grade
- 9:45 Rotation Workshop  
Shepherd – 1st & 2nd Grade
- 9:45 3rd Grade SS Teacher
- 9:45 4th Grade SS Teacher
- 9:45 5th Grade SS Teacher

- Special Needs Ministry Team
- Sunday School Coordinator  
Age/Grade Level
- Substitute
- Summer SS Teacher
- Children's Check-In Team
- Hospitality Helper
- 11:00 Wee Worship
- 4th Grade "Girl Time" Leader
- 5th Grade "Girl Time" Leader
- 4th & 5th Grade "Guy Time"  
Leader
- 4<sup>th</sup> & 5<sup>th</sup> Grade  
Mission Coordinator
- Created by God Sexuality  
Retreat
- Girlz Bible Study Leader
- MOPs Steering Team
- Playgroup Leader
- Special Events Team
- VBS Leadership Team

## **Church Administration**

- Board of Trustees
- Endowment Fund Committee
- Finance Committee
- Staff Parish Relations
- Stewardship Steering  
Committee

## **Church Operations**

- Cookie Angels
- Cooking Crew
- Helping Angels
- Library Team
- Telephone Assistant

## **Missions**

- Angel Tree
- Child Abuse Prevention
- Cote d'Ivoire Mission
- Disaster Relief
- East Fort Bend Human Needs
- Fort Bend Family Promise
- Four Corners
- Garden Ministry
- Gifts Unto Others
- H.O.M.E. Project
- Habitat for Humanity
- Holley Elementary
- Manna Bags
- Meals on Wheels
- Medicine Boxes /  
Flood Buckets
- Mexico Missions
- Restorative Justice Ministry
- S.I.R.E.
- S.O.S. School Supplies
- Soles for Souls

## **Music & Fine Arts**

### **Adults**

- Chancel Choir
- Joyful Noise
- Festival Choir
- Singing Churchmen
- Women's Choir
- Handbells
- Senior Ringers
- Sacred Harp Ensemble
- Praise Dancers
- Instrumentalists
- Music Office Volunteers

### **Children**

- Administrative Volunteer
- Children's Choir Parent Helpers
- Costume Coordinator
- Sunday Singers Parent Helpers

### **Older Adult**

- Book Discussion Group
- Caring Cards Correspondent
- Driven by Love Driver
- ENCORE! Planning Team
- ENCORE! Food Coordinator
- ENCORE! Lunch Event Theme Team
- Homebound Visitation
- JOY! Planning Team
- Prayer Shawl Ministry Team
- Retirement Community/ Assisted Living Facility Bible Study Leader
- Telephone Buddies

### **Outreach**

- Bread of Life
- CC101:Explore Christ Church
- Christ Corner Bookstore
- Easter at the Creek
- Greeters
- Hospitality
- Muggers
- New Residents Team
- Parking Lot Ministry
- Welcome Call Team
- Welcome Center
- Communications Support
- History Guild
- Newsletter – Monday Mailing
- Newsletter – Thursday Printing
- Newsletter – Friday Preparation

### **Prayer, Care, and Support**

- Altar Prayer Partner
- Alzheimer & Dementia Caregiver Support Group
- Alzheimer's Care Facility Visitation
- Care Team
- DivorceCare Team
- Grace in Grief Funeral Ministry
- Hearts of Grace Prayer Group
- Prayer Pagers
- Stephen Ministry

### **Recreation**

- Camp Coordinator
- Chili Cookoff Support Team
- Events Coordinator
- Exercise Instructors
- Planning & Guidance Committee

### **Student 2010-2011**

- Adult & Youth Helpers
- Confirmation Teachers
- Drama Team
- Member Care Team
- Mission Trip Counselors
- Multimedia Team
- Parent Office Helpers
- Praise Team
- Prayer Team
- Retreat Trip Counselor
- Sports & Recreation Team
- Student Lay Reader
- Student Ministry Discipleship Team Coordinator
- Student SS Coordinator
- Student SS Teacher & Assistant Teacher
- *The Encounter* Helpers
- Welcome Team
- Youth Patrol

### **Worship**

- Acolyte Coordinator
- Acolyte Coordinator Assistant
- Advent/Christmas Decorating Coordinator
- Advent/Christmas Decorating Team
- Altar Flower Delivery
- Communion Coordinator
- 8:15 Communion Server
- 9:45 Communion Server
- 11:05 Communion Server
- *the hub* Communion Server
- Worship Drama Team
- *the hub* Drama Team
- *the hub* Hospitality
- Lay Reader Coordinator
- 8:15 Lay Reader
- 9:45 Lay Reader
- 11:05 Lay Reader
- *the hub* Lay Reader
- *the hub* Prayer Team
- Sanctuary Care Coordinator
- Sanctuary Care Team Member
- Usher Coordinator
- 8:15 Usher
- 9:45 Usher
- 11:05 Usher
- *the hub* Usher
- Visual Implementation Team
- Worship Design Group
- *the hub* Set Up/Design Team

### **Can't Find Your Ministry? (write it here)**

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